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Dr. Patrick H. DeLeon, *Editor*

Psychological Services

Dr. DeLeon,

We are submitting our manuscript entitled “A Meta-Analysis of Expressive Writing on Positive Psychology Variables and Traumatic Stress” for publication at *Psychological Services.*

This meta-analysis examines if expressive writing impacts posttraumatic stress, posttraumatic growth, and quality of life using random effects models. Studies in this area revealed a small effect size for posttraumatic stress and a negligible effect size for both quality of life and posttraumatic growth. We believe your journal is a good fit for the article given the focus of service delivery in organized care settings. While our meta focuses on effect sizes of our outcome variables primarily, we also discuss issues regarding power and heterogeneity of solicited studies. These issues impact the ability of researchers to reproduce findings.

My co-authors and I have no industry affiliations, and we have no conflicts of interest to disclose. There is no overlap between the contents of this manuscript and any other published material or materials in press. Portions of the content of the manuscript were submitted as a poster presentation to the Association for Behavior Analysis International, but this manuscript is not under review at any other journal. All authors have seen and approved this version of the manuscript. We understand that the copyright to the pertinent manuscript will be transferred to *Psychological Services.*

We very much appreciate your consideration of our submission. If there is anything else we can do to assist you regarding this submission, please do not hesitate to contact me at the email address listed below.

Best,

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